

Stockbridge Practice News – September 2026

Following our recent Care Quality Commission (CQC) assessment, our practice was rated **Good** for being **Effective, Caring and Responsive**, reflecting the high standard of clinical care we provide, the compassion shown by our team, and our commitment to ensuring patients can access the care they need. The CQC found that patients consistently described our staff as kind, caring and respectful, with excellent patient feedback on access to appointments and helpful reception staff. They also recognised our strong clinical outcomes, including childhood immunisations, cervical screening and support to help patients live healthier lives.

While our overall rating was **Requires Improvement**, the areas identified relate primarily to governance, documentation and regulatory processes rather than the quality of care patients receive. We have already addressed many of the issues raised and have comprehensive action plans in place to strengthen our systems further. We remain fully committed to providing safe, high-quality care for our patients and will continue to build on the many positive aspects recognised in the report.

Chronic Kidney Disease

Chronic kidney disease (CKD) is a long-term condition where the kidneys do not work as well as they should. It's a common condition often associated with getting older. Chronic kidney disease is usually caused by other conditions that put a strain on the kidneys such as high blood pressure, diabetes, high cholesterol. You can help prevent CKD by making healthy lifestyle changes and ensuring any underlying conditions are well controlled.

CKD can get worse over time and eventually the kidneys may stop working altogether, but this is uncommon. Many people with CKD are able to live long lives with the condition. 4% of our practice population have been diagnosed with CKD. In order to determine how the kidneys are functioning patients need to have both a blood test and a urine test at least annually. In the coming months we will be ensuring that all patients who have a diagnosis of CKD have up to date blood and urine test results.

For more information please see www.nhs.uk/conditions/kidney-disease