

## Stockbridge Practice News – July 2025



### **Please call us first**

If you are having an urgent medical problem it is very important to get the right care quickly. Please call the surgery rather than attending as you may need to go to hospital and we do not want to delay your care.

### **Ticks**

Ticks are a common occurrence, and it is good to know what to do if you get one. Not all ticks carry Lyme Disease and there is no need to be seen at the surgery if you have had a tick bite. Please contact us if you have a rash, a fever or flu-like symptoms and have had a tick bite recently. There is plenty of information online (<https://www.nhsinform.scot/illnesses-and-conditions/injuries/skin-injuries/tick-bites>) and we can print out a leaflet at the surgery if you cannot access information online.

### **Smear tests**

From 1 July 2025 anyone who has a smear test which is negative for HPV will move to 5 yearly tests. Currently, the recall is every 3 years. If you have any questions about the smear test, please contact the practice. If you are unsure about having the test we can offer an appointment with a Practice Nurse who is able to talk you through the procedure.

### **Childhood immunisation**

If your child is due immunisations after 1st July 2025, there will be a change to the timetable as the national schedule goes through the first phase of changes; the second change will follow in January 2026.

Find the full schedule

here: <https://www.gov.uk/government/publications/routine-childhood-immunisation-schedule> If you'd like more information, please speak to the Practice Nurse or your Health Visitor.